



6th Annual

*William Davidson Medical Education Week*

May 15 - 19, 2017

We **STUDY, LEARN, TEACH** and **GROW** for our patients.

# Demystifying Work-Life Balance

## A Primer for Men and Women

**Tuesday, May 16, 2017, 5 - 6:30 p.m.**

*Refreshments will be served at 4:30 p.m.*

OUWB Large Classroom A & Lobby, Administration Building West  
Beaumont Hospital, Royal Oak

**Co-sponsored with Beaumont's Women's Employee  
Resource Network (WERN).**

**Presenter:**

**Rena Seltzer**, President, Leader Academic

**Objectives:**

- ◆ Articulate your mission and priorities at work and at home
- ◆ Draw stronger boundaries between work and personal time
- ◆ Recognize gender role and cultural conflicts
- ◆ Identify activities to say "no" to
- ◆ Plan time for self-care



**Target Audience:**

Faculty, physicians, residents, fellows and hospital staff.

**CME Accreditation and Credit Designation**

William Beaumont Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

William Beaumont Hospital designates this live activity for 1.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is eligible for a Meaningful Participation credit.

**Register at:** [oakland.edu/medicine/meded](http://oakland.edu/medicine/meded)

