

Bachelor of Science in Wellness and Health Promotion (2017/18 catalog)

Major Requirements	
Oakland University Courses	Henry Ford College Courses
AN 2130	GEOG 132
EXS 1000	HPEA 117
EXS 2700	HPE 142
EXS 2500	HPEA 155
PHL 1300	PHIL 139
PSY 1000	PSY 131
STA 2220	MATH 141

Electives that are applicable to some of the specializations, meet with an advisor at OU to discuss options	
PSY 2350	PSY 254
HS 2500	HPE 158
PSY 2250	PSY 253

MICHIGAN TRANSFER AGREEMENTS:

In many cases, it is to a student's advantage to complete the MTA or MACRAO agreement when fulfilling General Education requirements. This may allow for more flexibility when creating a schedule while at your community college. When choosing to complete MTA or MACRAO, please confirm the best courses to take to fulfill the agreement with your academic adviser at Henry Ford or [MTA Approved Courses](#)

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 101 & 102 (ENG 102 is a pre-requisite for coursework at OU)
- MTA Approved Science
- MTA Approved Science
- MTA Approved Humanities

SPECIAL NOTE REGARDING MTA OR MACRAO: In some cases, completing the MTA or MACRAO agreement is not as practical. When using MTA or MACRAO, your ability to make the most efficient course selections at OU may be impacted depending on your accumulated credits and chosen OU major. For more details on whether or not it is recommended for you to complete MTA or MACRAO, please consult with an OU academic adviser.

If you plan to transfer without completing a transfer agreement, please reference the table below for courses that satisfy individual categories.

GENERAL EDUCATION REQUIREMENTS

40 credits are required from categories 1-10. Each of these categories must be fulfilled by completing one course of at least 3 or more credits. A course may not be used in more than one of these categories. Please see OU Catalog for further information.

1. Writing Foundations	ENG 132
2. Formal Reasoning	Satisfied by MATH 141
3. Arts	ART 121, 122, 135, 224; HUM 101, MUS 130, 132, 133, 232, 233; TCM 132; THEA 131
4. Foreign Language and Culture	CHN, ITAL 131, 132, ARA, FRE, GER, SPN 131, 132, 231, or 232
5. Global Perspective	Satisfied by GEOG 132
6. Literature	ENG 231, 232, 233, 235, 237, 241, 243, 245, 248
7. Natural Science and Technology	Satisfied by HS 2000 at OU
8. Social Science	Satisfied by PSY 131
9. Western Civilization	Satisfied by PHIL 139
10. Knowledge Applications	Select appropriate course with adviser approval.
U.S. Diversity – May double count with categories 1-10	Satisfied by HS 3000 at OU
Capstone & Writing Intensive in the Major	These general education requirements must be met by courses taken at Oakland University.

Students who complete MTA or MACRAO according to this guide satisfy general education categories 1-9 and U.S. Diversity.

Notes:

- Please contact the School of Health Sciences Academic Advising office at (248) 370-2369 or visit the website at oakland.edu/shs/advising for more information regarding your major program.