

Bachelor of Science in Health Sciences with a Concentration in Exercise Science (2017/18 catalog)

Health Sciences Core Requirements	
Oakland University Courses	Lansing Community College Courses
BIO 1200	BIOL 127
BIO 2100, 2101, & 2600	BIOL 201 & 202
PSY 1000	PSYC 200

Exercise Science Concentration Requirements	
STA 2220	STAT 170 or 215
CHM 1440 & 1470	CHEM 151 and 161
CHM 1450 & 1480	CHEM 152 and 162
PHY 1010 & 1100	PHYS 221
PHY 1020 & 1110	PHYS 222
EXS 1000	PFFT 100 or (PFFT 114 and PFW 163)
EXS 1100	PFFT 122 or (PFFT 120 and PFW 163)
EXS 3010	PFKN 200
EXS 3020	PFKN 208

Possible Elective Options, meet with an advisor at OU to discuss options
PFW 123, PFW 163, PFW 181, PFKN 106, PFKN 170, PFKN 270

MICHIGAN TRANSFER AGREEMENTS:

In many cases, it is to a student's advantage to complete the MTA or MACRAO agreement when fulfilling General Education requirements. This may allow for more flexibility when creating a schedule while at your community college. When choosing to complete MTA or MACRAO, please confirm the best courses to take to fulfill the agreement with your academic adviser at LCC or [MTA Approved Courses](#)

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 121/131 & 122/132 (ENGL 122/132 is a pre-requisite for coursework at OU)
- MTA Approved Social Science
- MTA Approved Humanities
- MTA Approved Humanities

SPECIAL NOTE REGARDING MTA OR MACRAO: In some cases, completing the MTA or MACRAO agreement is not as practical. When using MTA or MACRAO, your ability to make the most efficient course selections at OU may be impacted depending on your accumulated credits and chosen OU major. For more details on whether or not it is recommended for you to complete MTA or MACRAO, please consult with an OU academic adviser.

If you plan to transfer without completing a transfer agreement, please reference the table below for courses that satisfy individual categories.

GENERAL EDUCATION REQUIREMENTS	
40 credits are required from categories 1-10. Each of these categories must be fulfilled by completing one course of at least 3 or more credits. A course may not be used in more than one of these categories. Please see OU Catalog for further information.	
1. Writing Foundations	ENGL 122,132
2. Formal Reasoning	Satisfied by STAT 170 or 215
3. Arts	HUMS 120, 211, 212, 216, MUSC 199, 240, 241, 246, 247, THEA 110, 210
4. Foreign Language and Culture	CHIN: 121, 122, FREN, GRMN, JAPN, SPAN: 121, 122, 201, 202
5. Global Perspective	ANTH 120, 270, DMAC 260, GEOG 200, HIST 214, 240, HUMS 125, 214, POLS 260, RELG 150, (211 & 212)
6. Literature	ENGL 202, 203, 211, 212, 220, 240, 255, 256, 260, 266, 267, 270, 290, HUMS 160
7. Natural Science and Technology	Satisfied by BIOL 127, CHEM 151/161, PHYS 221
8. Social Science	Satisfied by PSYC 200
9. Western Civilization	HIST 150, 211, 212, 235, PHIL 152, 211
10. Knowledge Applications	Satisfied by PHYS 222
U.S. Diversity – May double count with categories 1-10	Satisfied by HS 3000 at OU
Capstone & Writing Intensive in the Major	These general education requirements must be met by courses taken at Oakland University.

Students who complete MTA or MACRAO according to this guide satisfy general education categories 1-9 and U.S. Diversity.

Notes:

- Please contact the School of Health Sciences Academic Advising office at (248) 370-2369 or visit the website at oakland.edu/shs/advising for more information regarding your major program.