

Bachelor of Science in Wellness and Health Promotion (2017/18 catalog)

Major Requirements	
Oakland University Courses	Macomb Community College Courses
AN 1111 or AN 2130	ANTH 1000 or GEOG 2000
PHL 1300	PHIL 2100
PSY 1000	PSYC 1010
STA 2220	MATH 1340
EXS 2400	WHES 2016
EXS 1000	WHES 2042
EXS 2700	WHES 2070 or 2076
EXS 2500	WHES 2085

Electives that are applicable to some of the specializations, meet with an advisor at OU to discuss options	
PSY 2250	PSYC 2450
PSY 2350	PSYC 2600
EXS 1100	WHES 2032
HS 2500	BIOL 1400

MICHIGAN TRANSFER AGREEMENTS:

In many cases, it is to a student's advantage to complete the MTA or MACRAO agreement when fulfilling General Education requirements. This may allow for more flexibility when creating a schedule while at your community college. When choosing to complete MTA or MACRAO, please confirm the best courses to take to fulfill the agreement with your academic adviser at Macomb or [MTA Approved Courses](#)

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 1180/1210 & 1190/1220 (ENGL 1190/1220 is a pre-requisite for coursework at OU)
- MTA Approved Science
- MTA Approved Science
- MTA Approved Humanities

SPECIAL NOTE REGARDING MTA OR MACRAO: In some cases, completing the MTA or MACRAO agreement is not as practical. When using MTA or MACRAO, your ability to make the most efficient course selections at OU may be impacted depending on your accumulated credits and chosen OU major. For more details on whether or not it is recommended for you to complete MTA or MACRAO, please consult with an OU academic adviser.

If you plan to transfer without completing a transfer agreement, please reference the table below for courses that satisfy individual categories.

GENERAL EDUCATION REQUIREMENTS	
40 credits are required from categories 1-10. Each of these categories must be fulfilled by completing one course of at least 3 or more credits. A course may not be used in more than one of these categories. Please see OU Catalog for further information.	
1. Writing Foundations	ENGL 1190 or 1220
2. Formal Reasoning	Satisfied by MATH 1340
3. Arts	ARTT 2650, 2660; HIST 2340; HUMN 1210, 1270, 1300, 1460; MUSC 1030, 2710, 2720
4. Foreign Language and Culture	Choose one from the following languages ARAB, CHIN, FREN, GRMN, ITAL, SPAN 1260, 1270, 2360, 2370
5. Global Perspective	Satisfied by ANTH 1000, GEOG 2000
6. Literature	ENGL 1730, 2510, 2520, 2610, 2710, 2720, 2730, 2800, 2810, 2850; HUMN 1750
7. Natural Science and Technology	Satisfied by HS 2000 at OU
8. Social Science	Satisfied by PSYC 1010
9. Western Civilization	Satisfied by PHIL 2100
10. Knowledge Applications	Select appropriate course with adviser approval.
U.S. Diversity – May double count with categories 1-10	Satisfied by HS 3000 at OU
Capstone & Writing Intensive in the Major	These general education requirements MUST be met by courses taken at Oakland University.

Students who complete MTA or MACRAO according to this guide satisfy general education categories 1-9 and U.S. Diversity.

Notes

- Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness, Health Promotion, and Injury Prevention Curriculum.
- For more information contact the School of Health Sciences Academic Advising office at (248) 370-2369 or visit the School of Health Sciences Academic Advising website at oakland.edu/shs/advising