

Bachelor of Science in Wellness and Health Promotion (2017/18 catalog)

Major Requirements	
Oakland University Courses	Mott Community College Courses
AN 1111 or AN 2130	ANTH 211 or GEOG 142
EXS 1000	PEAC 144
EXS 2700	HEAL 129
PHL 1300	PHIL 295
PSY 1000	PSYC 281
STA 2220	MATH 150

Electives that are applicable to some of the specializations, meet with an advisor at OU to discuss options	
PSY 2350	PSYC 282
PSY 2250	PSYC 291

MICHIGAN TRANSFER AGREEMENTS:

In many cases, it is to a student's advantage to complete the MTA or MACRAO agreement when fulfilling General Education requirements. This may allow for more flexibility when creating a schedule while at your community college. When choosing to complete MTA or MACRAO, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mott or [MTA Approved Courses](#)

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENGL 101 & 102 (ENG 102 is a pre-requisite for coursework at OU)
- MTA Approved Science
- MTA Approved Science
- MTA Approved Humanities

SPECIAL NOTE REGARDING MTA OR MACRAO: In some cases, completing the MTA or MACRAO agreement is not as practical. When using MTA or MACRAO, your ability to make the most efficient course selections at OU may be impacted depending on your accumulated credits and chosen OU major. For more details on whether or not it is recommended for you to complete MTA or MACRAO, please consult with an OU academic adviser.

If you plan to transfer without completing a transfer agreement, please reference the table below for courses that satisfy individual categories.

GENERAL EDUCATION REQUIREMENTS	
40 credits are required from categories 1-10. Each of these categories must be fulfilled by completing one course of at least 3 or more credits. A course may not be used in more than one of these categories. Please see OU Catalog for further information.	
1. Writing Foundations	ENGL 102, 104
2. Formal Reasoning	Satisfied by MATH 150
3. Arts	ART 110, 111, 112, 116; FILM 181; MUS 180, 182, 183, 186, 187, 271, 272; THTR 110
4. Foreign Language and Culture	ARBC, CHI 111, 112; FREN 151, 152, 251, 252; GERM, JAPA, RUSN 111, 112, 211, 212; SPAN 181, 182, 281, 282
5. Global Perspective	Satisfied by ANTH 211, GEOG 142
6. Literature	ENGL 220, 221, 222, 223, 225, 227, 231, 232, 235, 240, 242, 253, 271
7. Natural Science and Technology	Satisfied by HS 2000 at OU
8. Social Science	Satisfied by PSYC 281
9. Western Civilization	Satisfied by PHIL 295
10. Knowledge Applications	Select appropriate course with adviser approval.
U.S. Diversity – May double count with categories 1-10	Satisfied by HS 3000 at OU
Capstone & Writing Intensive in the Major	These general education requirements MUST be met by courses taken at Oakland University.

Students who complete MTA or MACRAO according to this guide satisfy general education categories 1-9 and U.S. Diversity.

Recent Course Changes:

HIST 152 may be used to satisfy either the Global Perspective or Western Civilization category of General Education, must be transferred in before the start of Fall Semester 2019.

HIST 151 may be used to satisfy the Western Civilization General Education category, must be transferred in before the start of Fall Semester 2019

Notes:

- Students must have a minimum cumulative transfer GPA of 2.5 in order to be admitted to the Wellness, Health Promotion, and Injury Prevention Curriculum.
- Please contact the School of Health Sciences Academic Advising office at (248) 370-2369 or visit the website at oakland.edu/shs/advising for more information regarding your major program.