

Bachelor of Science in Health Sciences with a Concentration in Exercise Science (2017/18 catalog)

Health Sciences Core Requirements	
Oakland University Courses	St. Clair County Community College Courses
BIO 1200	BIO 100
BIO 2100, 2101, & 2600	BIO 271 and 272
PSY 1000	PSY 180

Exercise Science Concentration Requirements	
STA 2220	MTH 120
CHM 1440 & 1470	CHM 111
CHM 1450 & 1480	CHM 112
PHY 1010 & 1100	PHY 121
PHY 1020 & 1110	PHY 122
EXS 1000	PE 141 & 128
EXS 1100	PE 141 & (129 or 133)
EXS 2700	PE 143

Possible Elective Options, meet with an advisor at OU to discuss options
(PE 107 or SD 150), HE 205

MICHIGAN TRANSFER AGREEMENTS:

In many cases, it is to a student's advantage to complete the MTA or MACRAO agreement when fulfilling General Education requirements. This may allow for more flexibility when creating a schedule while at your community college. When choosing to complete MTA or MACRAO, please confirm the best courses to take to fulfill the agreement with your academic adviser at SC4 or [MTA Approved Courses](#)

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- ENG 101 & 102 (ENG 102 is a pre-requisite for coursework at OU)
- MTA Approved Social Science
- MTA Approved Humanities
- MTA Approved Humanities

SPECIAL NOTE REGARDING MTA OR MACRAO: In some cases, completing the MTA or MACRAO agreement is not as practical. When using MTA or MACRAO, your ability to make the most efficient course selections at OU may be impacted depending on your accumulated credits and chosen OU major. For more details on whether or not it is recommended for you to complete MTA or MACRAO, please consult with an OU academic adviser.

If you plan to transfer without completing a transfer agreement, please reference the table below for courses that satisfy individual categories.

GENERAL EDUCATION REQUIREMENTS	
40 credits are required from categories 1-10. Each of these categories must be fulfilled by completing one course of at least 3 or more credits. A course may not be used in more than one of these categories. Please see OU Catalog for further information.	
1. Writing Foundations	ENG 102
2. Formal Reasoning	Satisfied by MTH 120
3. Arts	ART 120, 121, 122; ENG 255; MUS 106; THA 101
4. Foreign Language and Culture	FR, GR, SP 101, 102, 203, 204
5. Global Perspective	ANT 171; GEO 102, 233, PS 230
6. Literature	ENG 205, 206, 208, 210, 211, 212, 220, 221, 225, 230, 231, 236, 243
7. Natural Science and Technology	Satisfied by BIO 100, CHM 111, PHY 121
8. Social Science	Satisfied by PSY 180
9. Western Civilization	HIS 101, 102, 149, 150, 233; PHL 210, 213
10. Knowledge Applications	Satisfied by PHY 122
U.S. Diversity – May double count with categories 1-10	Satisfied by HS 3000 at OU
Capstone & Writing Intensive in the Major	These general education requirements MUST be met by courses taken at Oakland University.

Students who complete MTA or MACRAO according to this guide satisfy general education categories 1-9 and U.S. Diversity.

Notes

- For more information contact the School of Health Sciences Academic Advising office at (248) 370-2369 or visit the School of Health Sciences Academic Advising website at oakland.edu/shs/advising.