



**Counseling Faculty
Who Use the Center**

- Erin Binkley, Ph.D.
- Thomas Blume, Ph.D.
- Michael P Chaney, Ph.D.
- Stephanie Crockett, Ph.D.
- Robert S. Fink, Ph.D.
- Ross Flynn, Ph.D.
- James T. Hansen, Ph.D.
- Todd W. Leibert, Ph.D.
- Luellen Ramey, Ph.D.
- Kristin A. Smiley, Ph.D.

Center Supervisors

- Kathleen Aseltyne
- Maryclaire Baird
- Michelle Brown
- Emily Brunke
- Carol Burns
- Karen Donoghue
- Ashley Dunham
- Sarah Eikelberg
- Ross Flynn
- Alcia Freeman
- Enid Kleiner
- Shelly Krajewski
- Joel Lane
- Lyanna Leibert
- Ann Liesen
- Terrance McClain
- Angie Niforos
- Tanya Ratliff

SEHS CC Hours of Operation

The SEHS CC is open six days, 62 hours per week, year round, except for university breaks and closings

<u>Hours of Operation</u>	
Monday-Thursday	9:00 am— 9:00 pm
Friday	9:00 am— 5:00 pm
Saturday	9:00 am— 3:00 pm



SEHS Counseling Center
250 Pawley Hall
School of Education and Human Services
Rochester, Michigan 48309
(248) 370-2633
www.oakland.edu/sehs/cc

Report Compiled by:
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SEHS Counseling Center Executive Report Fall 2011-Summer 2012



The mission of the School of Education and Human Services Counseling Center (SEHS CC) at Oakland University is to achieve national prominence through a tripartite model of excellence in training, service and research.

The SEHS Counseling Center is located in 250 Pawley Hall.

Goals of the SEHS CC

- 1) To provide important, no-cost mental health services to the university and surrounding community.
- 2) To provide individual, couple, family, group, and career counseling services.
- 3) To train Masters, post-Masters, and Doctoral students at levels consistent with national counseling accreditation standards (i.e., CACREP).
- 4) To provide a cutting-edge training infrastructure using video technology so that counseling sessions can be recorded, reviewed, and evaluated, which ensures quality control and excellence in student skill development.
- 5) To provide ongoing research on clinical outcomes initiated by faculty, and Masters and Doctoral level students to increase the knowledge about treatment effectiveness.
- 6) To provide supervision by licensed professional counselors to all of the counseling students.

Courses Utilizing the SEHS CC

<u>Fall 2011</u>	<u>Sections</u>	<u>Students</u>
CNS 661: Techniques of Counseling	4	38
CNS 663: Group Counseling	2	38
CNS 664: Counseling Practicum	4	39
CNS 673: Advanced Group Counseling	1	8
MDM1: Medical Humanities and clinical bioethics	1	50

<u>Winter 2012</u>	<u>Sections</u>	<u>Students</u>
CNS 661: Techniques of Counseling	5	44
CNS 663: Group Counseling	3	56
CNS 664: Counseling Practicum	4	36
CNS 672: Seminar in CNS Supervision	1	7

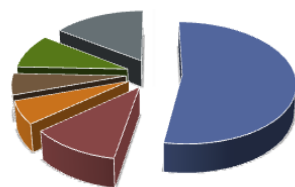
<u>Summer 2012</u>	<u>Sections</u>	<u>Students</u>
CNS 661: Techniques of Counseling	3	38
CNS 663: Group Counseling	2	27
CNS 664: Counseling Practicum	3	33
CNS 683/684: Advanced Appraisal: Model/Methods	1	17
CNS 698: Advanced Methods: C&F	1	8

Total Course Sections:	35
Total No. of Students:	432

Client Demographics

The SEHS CC provides counseling for ages 6 and older. The counselors provide individual, couple, family, career and group counseling. Listed here are the demographics of clientele served for the 2011-2012 academic year.

Total number of clients served in the 2011 – 2012 academic year: 919



■ Individual ■ Couples
■ Family ■ Career
■ Child/Adol. ■ Group

Client Demographics 2011-2012

Demographics	Fall 2011	Winter 2012	Summer 2012	Total
Total Registrations	456	493	469	1418

Modality	Fall 2011	Winter 2012	Summer 2012	Total
Individual	297	320	328	945
Couples	54	76	70	200
Family	28	51	29	108
Career	60	36	40	136
Child/Adol.	17	69	2	88
Group	92	93	90	275
Totals	546	642	559	1,752

Age	Fall 2011	Winter 2012	Summer 2012	Total
5-17	37	66	56	165
18-29	158	149	156	467
30-39	93	96	78	257
40+	158	169	162	489

Gender	Fall 2011	Winter 2012	Summer 2012	Total
Male	152	155	163	470
Female	306	338	304	948
OU Students	81	75	48	204

Research

During the 2011-2012 school year, the SEHS CC assisted professor Dr. Todd Leibert conducted research that used the OQ-45, a brief, psychometrically validated counseling outcome measure. The research aim was to identify factors impacting the effectiveness of counseling. In terms of counseling service, use of the OQ-45 aided counselors with treatment planning, a practice known as “evidenced-based practice.” Thus, students were exposed to a research method that simultaneously attempted to improve immediate service to clients.

Course Project

The SEHS Counseling Center was utilized to assist a doctoral student complete a class (CNS 732) qualitative research project. The purpose of the project to learn whether male clients diagnosed with cancer would find art therapy beneficial.



Set up and Functioning

The SEHS CC is located in 250 Pawley Hall. The center is comprised of 29 rooms. They are utilized as follows:
Supervision rooms:
The rooms 280 E, 280 F, 280 G, 280 H, 280 J, 280 K are used to conduct supervision sessions. As well, they are used for intake sessions and career counseling sessions where internet access is required. Finally, they are also used for re-search rooms as they can both play and record to DVD.

Couple counseling rooms:
Rooms 270 Q & P are equipped with a small sofa to accommodate couples and/or small families.

Counseling rooms:
Rooms 270 D, 270 E, 270 F, 270 G, 270 H, 270 J, 270 K, 270 L, 270 M, 270 N are used primarily for individual counseling sessions. Students in two key clinical courses, first Counseling Techniques (CNS 661), and second, Practicum in Counseling (CNS 664) use these rooms.

Group rooms & Child Counseling room:
Rooms 250 E, 250 G are used by on-going counseling groups and for Group Counseling Class (CNS 663). The room 250 J is a specialty room used exclusively for play therapy.

Room 270 A is the Group/Meeting Room. This room is used by practicum students (CNS 664) for case conceptualization, by Techniques students (CNS 561), Group students (CNS 663) and Couple & Family Practicum students (CNS 698). In addition, the room is used by staff, special meetings of the Adult Career Counseling Center (ACCC) and other members of the SEHS CC.

Employees

There is a Graduate Assistant from the doctoral program who works 20 hours per week as the assistant to the coordinator. There are usually 3-4 part time receptionists, these are all student workers hired from on-campus through OU Career Link. A full time coordinator position was added during the summer of 2011. Internships are also available in the center.



Review of Activities and Accomplishments

- ◆ Our website has been linked to all other Oakland University websites that refer for personal and career counseling.
- ◆ The SEHS CC maintained an e-space page for the use of SEHS CC students, faculty and staff. This is used as a step toward the SEHS CC becoming a fully paperless operation.
- ◆ Continued relationships with various campus services are maintained in addition to an increase in the departments to which we provided services. For example, our student counselors conduct career assessments & counseling for several sections in the Department of Human Resource Development.
- ◆ Beginning in Fall 2011, the SEHS CC coordinated with the Oakland University William Beaumont School of Medicine to assist the new medical school students with their medical interviewing course. Each Fall semester the class will utilize the SEHS CC and receive training by counseling faculty.
- ◆ The SEHS CC installed wireless bug-in-the-ear systems for the three group rooms during this report period. Bug-in-the-ear technology allows professional counselors to observe and speak directly to the student counselor during live counseling sessions.
- ◆ The SEHS CC and the University Counseling Center located in the Graham Health Center have an ongoing collaborative relationship.
- ◆ The SEHS CC provides support to Enid Kleiner for GEAR up for Life and the Pontiac School Based practicum, both serving local schools.
- ◆ A security review was conducted in the center with new security measures implemented including panic buttons that alert the OUPD in the case of an emergency.
- ◆ The SEHS CC Coordinator continued marketing efforts in the community to expand the reach of the counseling center including: The Haven, Common Ground, Waterford Coalition for Youth, and several local schools and businesses.
- ◆ Faculty researchers collect data for the purpose of analysis and publication. For 2010 – 2012 they included Todd W. Leibert, Ph.D. and Brian Taber, Ph.D. Since 2009, several doctoral dissertations have been completed.
- ◆ CNS 264 and 274 provide career training in the SEHS CC facilitated by practicum students.

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Fast Facts

- 919 Clients were served during 2011-2012
- 116 Student counselors provided services
- 432 Students were enrolled in courses that used the counseling center
- Approximately 7000* hours of no-cost counseling were provided to the community
- Faculty members continued to collect and analyze data on counseling outcomes.
- The SEHS Counseling Center was open 62 hours per week, except for scheduled university closings.

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