



Counseling Faculty Who

Use the Center

Erin Binkley, Ph.D.
 Jennifer Bornsheuer Ph.D.
 Thomas Blume, Ph.D.
 Michael P Chaney, Ph.D.
 Stephanie Crockett, Ph.D.
 Robert S. Fink, Ph.D.
 Ross Flynn, Ph.D.
 James T. Hansen, Ph.D.
 Lisa Hawley, Ph.D.
 Tracy Juliao, Ph.D.
 Joel Lane, Ph.D.
 Ann Liesen, Ph. D.
 Todd W. Leibert, Ph.D.
 Christine Summerell, MA

Counseling Supervisors

Kathleen Aseltyne
 Maryclaire Baird
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 Emily Brunke
 Carol Burns
 Suzanne Clark
 Karen Donoghue
 Ashley Karas
 Sarah Eikelberg
 Enid Kleiner
 Joel Lane
 Lyanna Leibert
 Ann Liesen
 Nicole Lucio
 James McNutt
 Suzanne Sebree
 Chris Shreve
 LaToi Smith
 Brian Wummel

Research

During the 2012-2013 school year, the SEHS CC assisted professor Dr. Todd Leibert in conducting research that used the OQ-45, a brief, psychometrically validated counseling outcome measure. The research aim was to identify factors impacting the effectiveness of counseling. In terms of counseling service, use of the OQ-45 aided counselors with treatment planning, a practice known as “evidenced-based practice.” Thus, students were exposed to a research method that simultaneously attempted to improve immediate service to clients.

Also, beginning Summer 2013, Dr. Lisa Hawley began conducting research in the SEHS CC. The aim of this research study was to learn more about the relationship between socio-economic status and clinical mental health outcomes. Participants in this study were practicum student counselors and clients in the center who consented to participate.

Report Compiled by:
 Ashley Karas MA, LPC, NCC, CAADC
 SEHS Counseling Center Coordinator

SEHS Counseling Center Executive Report
Fall 2012-Summer 2013



The mission of the School of Education and Human Services Counseling Center (SEHS CC) at Oakland University is to achieve national prominence through a tripartite model of excellence in training, service and research.

Goals of the SEHS CC

- 1) To provide important, no-cost mental health services to the university and surrounding community.
- 2) To provide individual, couple, family, group, and career counseling services.
- 3) To train Masters, post-Masters, and Doctoral students at levels consistent with national counseling accreditation standards (i.e., CACREP).
- 4) To provide a cutting-edge training infrastructure using video technology so that counseling sessions can be recorded, reviewed, and evaluated, which ensures quality control and excellence in student skill development.
- 5) To provide ongoing research on clinical outcomes initiated by faculty, and Masters and Doctoral level students to increase the knowledge about treatment effectiveness.
- 6) To provide supervision by licensed professional counselors to all of the counseling students.
- 7) To provide students with access to updated technology used in the counseling field.

Courses Utilizing the SEHS CC

Fall 2011	Sections	Students
CNS 661: Techniques of Counseling	4	38
CNS 663: Group Counseling	2	39
CNS 664: Counseling Practicum	4	42
MDM1: Medical Humanities and clinical bioethics	1	75

Winter 2013	Sections	Students
CNS 661: Techniques of Counseling	4	41
CNS 663: Group Counseling	3	50
CNS 664: Counseling Practicum	4	37
CNS 672: Seminar in CNS Supervision	1	6
CNS 780: Advanced Practicum	1	4

Summer 2013	Sections	Students
CNS 661: Techniques of Counseling	3	32
CNS 663: Group Counseling	2	22
CNS 664: Counseling Practicum	4	35
CNS 683/684: Advanced Appraisal: Model/Methods	1	16
CNS 698: Advanced Methods: C&F	1	5

Total Course Sections:	35
Total No. of Students:	442



SEHS Counseling Center
 250 Pawley Hall
 School of Education and Human Services
 Rochester, Michigan 48309
 (248) 370-2633
 www.oakland.edu/sehs/cc

SEHS CC Hours of Operation

The SEHS CC is open six days, 62 hours per week, year round, except for university breaks and closings

Hours of Operation

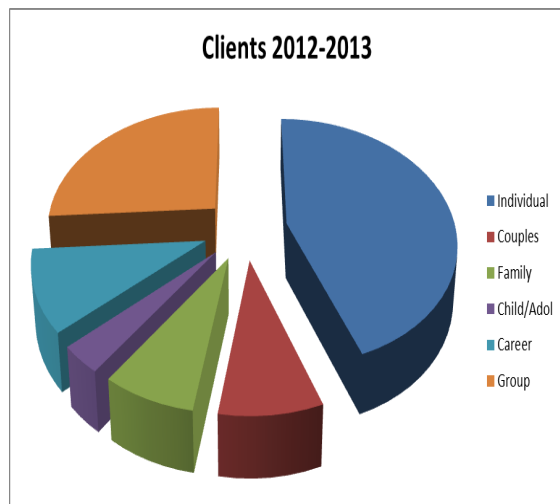
Monday-Thursday 9:00 am— 9:00 pm
 Friday 9:00 am— 5:00 pm
 Saturday 9:00 am— 3:00 pm

The SEHS Counseling Center is located in 250 Pawley Hall.

Client Demographics 2012-2013

The SEHS CC provides counseling for ages 6 and older. The counselors provide individual, couple, family, career and group counseling. Listed here are the demographics of clientele served for the 2012-2013 academic year.

Total number of clients served in the 2012-2013 academic year:



Demographics	Fall 2012	Winter 2013	Summer 2013	Total
Total Registrations	525	497	482	1504

Modality	Fall 2012	Winter 2013	Summer 2013	Total
Individual	323	326	270	919
Couples	78	38	56	172
Family	38	42	75	155
Career	73	76	69	218
Child/Adol.	51	12	10	73
Group (Average)	180	180	180	540
Totals	743	674	660	2077

Age	Fall 2012	Winter 2013	Summer 2013	Total
5-17	51	66	76	193
18-29	165	154	123	442
30-39	96	100	101	297
40+	204	167	172	543

Gender	Fall 2012	Winter 2013	Summer 2013	Total
Male	168	183	167	518
Female	357	313	315	985
OU Students	71	64	41	176



Set up and Functioning

The SEHS CC is located in 250 Pawley Hall. The rooms are utilized as follows:

Supervision rooms:

Rooms 280 E, 280 F, 280 G, 280 H, 280 J, are used to conduct supervision sessions. They are used for intake sessions and career counseling sessions where internet access is required. Finally, they are also used for research rooms as they can both play and record to DVD.

Couple counseling rooms:

Rooms 270 Q & P are equipped with a small sofa to accommodate couples and/or small families.

Counseling rooms:

Rooms 270 D, 270 E, 270 F, 270 G, 270 H, 270 J, 270 K, 270 L, 270 M, 270 N are used primarily for individual counseling sessions. Students in two key clinical courses, first Counseling Techniques (CNS 661), and second, Practicum in Counseling (CNS 664) use these rooms.

Group rooms & Child Counseling room:

Rooms 250 E, 250 G are used by on-going counseling groups and for Group Counseling Class (CNS 663). Room 250 J is a specialty room used exclusively for play therapy.

Room 270 A is the Group/Meeting Room. This room is used by Practicum students (CNS 664) for case conceptualization, by Techniques students (CNS 561), Group students (CNS 663) and Couple & Family Practicum students (CNS 698). In addition, the room is used by staff, special meetings of the Adult Career Counseling Center (ACCC) and other members of the SEHS CC.

Room 280K is the office for Erica Wallace, MPH, who is the GRASP (Grizzlies Response: Awareness and Suicide Prevention) program Manager.

Employees

There is a full time coordinator in the center who is also on call for emergencies. The receptionists for the SEHS CC are student workers hired through OU Career Link. There are Graduate Assistantships and Internships available in the center.



Review of Activities and Accomplishments

- Our website was updated this past year and has been linked to all other Oakland University websites that refer for personal and career counseling.
- The SEHS CC maintains an e-space page for the use of SEHS CC students, faculty and staff. This is used as a step toward the SEHS CC becoming a fully paperless operation.
- Continued relationships with various campus services are maintained, in addition to an increase in the departments to which we provided services.
- The SEHS CC Coordinator wrote for 6 separate grants this past year for going paperless in the center and updates to the center in order to provide the students with most up to date training experience as possible.
- The SEHS CC and the University Counseling Center located in the Graham Health Center have an ongoing collaborative relationship.
- Beginning in Fall 2011, the SEHS CC coordinated with the Oakland University William Beaumont School of Medicine to assist the new medical school students with their medical interviewing course. Each Fall semester the class will utilize the SEHS CC and receive training by counseling faculty.
- The SEHS CC provides support to Enid Kleiner for GEAR up for Life and the Pontiac School Based practicum, both serving local schools during the Fall and Winter Semesters.
- The SEHS CC has been involved with the Oakland University Avondale Collaborative.
- The Counseling Department and the SEHS CC has been involved in Grizzlies Response: Awareness and Suicide Prevention and Campus Awareness Prevention Education and Safety.
- The SEHS CC Coordinator continued marketing efforts in the community to expand the reach of the counseling center including: The Haven, Common Ground, Waterford Coalition for Youth, Clawson Youth Assistance and several local schools and businesses.
- CNS 264 and 274 provide career training in the SEHS CC facilitated by practicum students.
- The SEHS CC has had a counseling intern, Couple and Family intern and has partnered with OU cares for their intern to use the counseling center.
- The coordinator is more involved in state associations and is president elect of Michigan Association of Counselor Educators and Supervisors (MACES).



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Fast Facts

- 2077 Clients were served during 2012-2013
- 114 Student counselors provided services
- 442 Students were enrolled in courses that used the counseling center
- Approximately 7000* hours of no-cost counseling were provided to the community
- Faculty members continued to collect and analyze data on counseling outcomes.
- The SEHS Counseling Center was open 62 hours per week, except for scheduled university closings.

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Visit our
website!

