

# MENTAL HEALTH ISSUES

*in the Classroom*



It is estimated that 25 percent of students have emotional, behavioral or mental health issues that affect their ability to learn. Since students spend about half of their waking hours in school, it is no surprise that educators are often the first to notice.

This 2-credit course will offer strategies for creating effective learning environments for children and adolescents, and for effective collaboration with mental health providers. Along with a detailed overview of the mental health system and the variety of available mental health services, students will learn about specific mental health issues often seen in the classroom.

#### Course topics:

- characteristics of mental health disorders
- ways the disorders might be manifested
- the process for diagnosing the disorders
- types of interventions and treatments available
- practical guidelines on working with students affected by these disorders

Equally useful for general and special educators – and for the mental health providers who partner with them – this course will prepare educators to understand students with mental health disorders in order to improve their chances for social and academic success.

*Mental Health Issues in the Classroom is a 2-credit course offered online in the winter semester.*



#### COURSE INSTRUCTOR

**Shawna Boomgaard, LMSW, C-SSWS**

Certified Clinical Trauma Practitioner  
OU Office of Public School Academies  
School of Education and Human Services

#### REGISTRATION INFORMATION

Susan Martino  
Director of Program Development (EC/SE)  
martino@oakland.edu  
(248) 370-4415

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