

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	Grand Rapids Community College Courses
BIO 1200	BI 151
BIO 2100, 2101 and 2600	BI 121 and 122
PSY 1000	PY 201
PH 3000	EXS 225

Holistic Health Concentration Elective Options

Oakland University Courses	Grand Rapids Community College Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	BI 127; BI 152; BI 232; CHM 120; CHM 130; CHM 131; CHM 140; CHM 141; (CHM 210 or 230); CHM 260; CHM 270; (CHM 261 and 271); COM 131; EN 101; EXS 184; EXS 198; EXS 203; (GH 110 or 111); GH 200; MA 131; MA 133; MA 215; PH 125; PH 126; PH 245; PH 246; PY 232; SL 171; SO 251; WE 156

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at GRCC or at the [GRCC MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

- EN 101 **and** EN 102 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MA elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHM or PH elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SO 251)
- Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [GRCC General Education Transfer Guide](#) for the GRCC courses that satisfy these specific OU General Education categories:

- Writing Foundations (EN 102)
- Formal Reasoning (MA 133 or MA 215)
- Arts
- Language and Culture (SL 171)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from GRCC, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their GRCC academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.