

**Bachelor of Science in Exercise Science**

**Exercise Science Core Curriculum**

Oakland University Courses	Jackson College Courses
BIO 1200	BIO 162
BIO 2100, 2101 <b>and</b> 2600	BIO 253 <b>and</b> 254
MTH 1441 <b>or</b> MTH 1554	MAT 141 <b>or</b> MAT 151
CHM 1440 and 1470	CEM 141
PHY 1010 and 1100	PHY 231
PSY 1000	PSY 140 or 140A
STA 2220	MAT 133, MAT 133A, <b>or</b> CIS 203 <b>or</b> PSY 144
EXS 1000	HPF 186 <b>or</b> (HPF 160 <b>and</b> 168) <b>or</b> (HPF 160 <b>and</b> 268)
EXS 2200	HPF 130
EXS 2700	HOC 110

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Jackson or at the [Jackson MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Jackson General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide  
(minimum 30 credit hours required for MTA):**

- ENG 131 **and** ENG 132 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Jackson General Education Transfer Guide](#) for the Jackson courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 132)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Jackson, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Jackson academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer (MED 120 or MOA 120) from Jackson to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.