

Bachelor of Science in Exercise Science

Exercise Science Core Curriculum

Oakland University Courses	Lansing Community College Courses
BIO 1200	BIOL 127
BIO 2100, 2101 and 2600	BIOL 201 and 202
MTH 1441 or (MTH 1331 and 1332) or MTH 1554	MATH 126 or (MATH 121 and 122) or MATH 151
CHM 1440 and 1470	CHM 151 and 161
PHY 1010 and 1100	PHYS 221
PSY 1000	PSYC 200
STA 2220	MGMT 335 or STAT 170 or STAT 215
EXS 1000 or 1100	PFFT 100 or PFFT 120 (if both taken, can also count toward EXS elective credits)
NTR 2500	PFHW 123
EXS 2200	PFKN 170
EXS 3010	PFKN 200
EXS 3020	PFKN 208
Choose 4 EXS elective credits from the list (more options available at OU)	PFFT 113; PFHW 163; PFKN 106, 201, 205, 210, 250, 260, 265, 270, 280

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Lansing or at the [Lansing MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Lansing General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide
(minimum 30 credit hours required for MTA):**

- ENGL 121 or 131
- ENGL 122 or 132 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Lansing General Education Transfer Guide](#) for the Lansing courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 122 or 132)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Lansing and OU currently have an [articulation agreement](#) that allows students to transfer in more credits than usual. Meet with a Lansing adviser to learn more about this opportunity.

Students may transfer an unlimited amount of credit from Lansing, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Lansing academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer CHSE 120 from Lansing to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.