

**Bachelor of Science in Health Sciences with a Concentration in Holistic Health**

**Health Sciences Core Requirements**

Oakland University Courses	Mid Michigan College Courses
BIO 1200	BIO 111
BIO 2100, 2101 <b>and</b> 2600	BIO 141 <b>and</b> 142
PSY 1000	PSY 101
PH 3000	HED 110 <b>or</b> 285

**Holistic Health Concentration Elective Options**

Oakland University Courses	Mid Michigan College Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	ALH 100; ASL 105; BIO 112; BIO 210; CHM 105; CHM 111; CHM 112; CHM 225; CHM 245; CHM 246; (CHM 255 and 256); COM 257; ENG 111; HED 115; HED 190; HED 205; HED 252; (HES 100 or PSY 212); MAT 124; MAT 126; MAT 212; PHY 105; PHY 106; PHY 211; PHY 212; SOC 101

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Mid Michigan or at the [Mid Michigan MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

**Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENG 111 **and** ENG 222 (required prerequisite for coursework at OU)
- One MTA Approved Math course (can be satisfied by MAT elective options above)
- One MTA Approved Natural Sciences course (can be satisfied by CHM or PHY elective options above)
- One MTA Approved Social Sciences course (can be satisfied by SOC 101)
- Two MTA Approved Humanities courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Mid Michigan General Education Transfer Guide](#) for the Mid Michigan courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 222)
- Formal Reasoning (MAT 126 or MAT 212)
- Arts
- Language and Culture (ASL 105)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Mid Michigan, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Mid Michigan academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.