

**Bachelor of Science in Exercise Science**

**Exercise Science Core Curriculum**

| Oakland University Courses                                       | Monroe County Community College Courses                         |
|--|---|
| BIO 1200   | BIOL 151  |
| BIO 2100, 2101 <b>and</b> 2600                                   | BIOL 257 <b>and</b> 258   |
| MTH 1441 <b>or</b> (MTH 1331 <b>and</b> 1332) <b>or</b> MTH 1554 | MATH 164 <b>or</b> (MATH 157 <b>and</b> 159) <b>or</b> MATH 171 |
| CHM 1440 and 1470  | CHEM 151  |
| PHY 1010 and 1100  | PHY 151   |
| PSY 1000   | PSYCH 151   |
| STA 2220   | MATH 162  |
| NTR 2500   | HLTSC 151   |
| EXS 2700   | HPE 151   |

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at Monroe County or at the [Monroe County MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [Monroe County General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

- ENGL 151
- ENGL 152 or 254 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [Monroe County General Education Transfer Guide](#) for the Monroe County courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENGL 152 or 254)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from Monroe County, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their Monroe County academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer HLTSC 110 from Monroe County to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.