

Bachelor of Science in Exercise Science

Exercise Science Core Curriculum

Oakland University Courses	North Central Michigan College Courses
BIO 1200	BIO 151
BIO 2100, 2101 and 2600	BIO 235 and 236
(MTH 1331 and 1332) or MTH 1554	(MATH 130 and 140) or MATH 150
CHM 1440 and 1470	CEM 121
PHY 1010 and 1100	PHY 210
PSY 1000	PSY 161
STA 2220	STAT 200
HS 2000	AH 130
EXS 1000	(PE 117 and 132)
NTR 2500	HE 200
Choose 4 EXS elective credits from the list (more options available at OU)	PE 116; PE 216

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at North Central or at the [North Central MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [North Central General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide
(minimum 30 credit hours required for MTA):**

- ENG 111
- ENG 112 (required prerequisite for coursework at OU)
- One MTA Approved Social Sciences course
- Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [North Central General Education Transfer Guide](#) for the North Central courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from North Central, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their North Central academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer OAS 116 from NCMC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.