

**Bachelor of Science in Exercise Science**

**Exercise Science Core Curriculum**

Oakland University Courses	Northwestern Michigan College Courses
BIO 1200	BIO 115 and 115L
BIO 2100, 2101 <b>and</b> 2600	(BIO 227 and 227L) <b>and</b> (BIO 228 and 228L)
(MTH 1331 <b>and</b> 1332) <b>or</b> MTH 1554	(MTH 121 <b>and</b> 122) <b>or</b> MTH 141
CHM 1440 and 1470	CHM 150 and 150R and 150L
PHY 1010 and 1100	PHY 121 and 121L
PSY 1000	PSY 101
STA 2220	MTH 131
EXS 2700	HAH 200

**TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):**

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at NMC or at the [NMC MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [NMC General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

**Additional course requirements for MTA when following this major guide  
(minimum 30 credit hours required for MTA):**

ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)  
One MTA Approved Social Sciences course  
Two MTA Approved Humanities courses

**TRANSFERRING WITHOUT MTA:**

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [NMC General Education Transfer Guide](#) for the NMC courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Application

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

**NOTES:**

Students may transfer an unlimited amount of credit from NMC, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their NMC academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) specialization](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this specialization can also transfer HAH 101 from NMC to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.