



4-Year Suggested Academic Plan for the *Health Sciences major with a Concentration in Nutrition and Health.*

For students placed into WRT 150 & MTH 062

For students placed into WRT 150 & MTH 062	FALL Semester	WINTER Semester	SUMMER Semester
FRESHMAN YEAR I Meet with First Year Advising Center <i>Get Involved! Join the Nutrition Society</i>	WRT 150: Composition I (4) HS 201: Health in Pers. & Occ. (4) Art Gen Ed (4) MTH 062: Intermediate Algebra (4) HS 101: Careers in Health (1) (17)	BIO 111: Biology I (4) WRT 160: Composition II (4) HS 302: Community & Public Hth (4) MTH 141: Precalculus (4) (16)	
SOPHOMORE YEAR II One-on-one Degree Planning meeting with SHS Academic Adviser.	BIO 207: Human Physiology (4) PSY 100: Intro Psychology (4) HS 205: Nutrition & Health (4) STA 225: Statistics (4) (16)	BIO 205: Human Anatomy (4) BIO 206: Anatomy Lab (1) PSY 250: Research Design (4) Global Persp. Gen Ed (MGT 110 suggested) (4) HS 312: Community Nutrition (4) (17)	
JUNIOR YEAR III Recommended Graduation Audit 2 semesters prior to graduation.	CHM 144+147: General Chem I & Lab (5) HS 311: Cont. Topics in Nutrition (2) HS 313: Nutrition & Culture (4) Literature General Ed (4) Approved Elective (2) (17)	CHM 145+148: General Chem II & Lab (5) HS 310: Nutrition & Lifecycles (4) Western Civilization Gen Ed (4) Approved Elective (4) (17)	
SENIOR YEAR IV Attend Career Fair and schedule mock interview with Career Services. Apply online to graduate by deadline.	PHY 101+110: General Physics I & Lab (5) HS 450: Law, Values, Health Care (4) Foreign Language Gen Ed (4) Approved Elective (4) (17)	PHY 102+111: General Physics II & Lab (5) HS 460: Nutrient Metabolism (4) Approved Electives (6) (15)	
TOTAL CREDITS FOR DEGREE: 124 (MTH 062 & WRT 150 not included)			

APPROVED ELECTIVES: Minimum of 17 credits, of which at least 8 credits at 300-400 level and at least 4 credits must be chosen from: HS 320, 321, 322, 323, 324, 325, or 326.
(HS 101 counts as 1 credit of approved electives, listed above in Year I)

PLEASE NOTE:

- May vary by catalog year.
- Students must complete a Writing Intensive in General Education course, can double count with Global Perspective gen. ed. if students take MGT 110.