# Oakland University

**Drug-Free Schools and Communities Act Biennial Review FY2022-2023** 

Prepared by: Michael Wadsworth
Assistant Vice President for
Student Affairs & Diversity and
Dean of Students

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#### I. Introduction/Overview

The FY2022-23 Biennial Review was created for the fulfillment of the Drug-Free Schools and Campuses Regulation that requires institutions of higher education to conduct a biennial review of their Alcohol and Other Drug (AOD) programs and policies (EDGAR Part 86.100). It is the goal of the Dean of Students office in the Division of Student Affairs & Diversity to produce a Biennial Review that would be used to document the progress made by Oakland University and also provide insight into how OU's AOD programs, policies, and practices could be improved. The OU Biennial Review meets two objectives:

- 1. Outlines the current AOD programs, interventions, and policies at OU.
  - a. OU does not currently have data on effectiveness but will work to have that for the next Biennial Review.
- 2. Demonstrates OU's compliance with DFSCA Biennial Review contents and process. The Biennial Review will be housed in the Dean of Students office and will continue to be a process led by the office. A copy of the Biennial Review can be found at <a href="https://www.oakland.edu/consumer-information/">https://www.oakland.edu/consumer-information/</a>.

#### II. Individuals Involved in this Review

- A. Michael Wadsworth, Assistant Vice President for Student Affairs and Diversity and Dean of Students
- B. Jessie Hurse, Associate Dean of Students and Deputy Title IX Coordinator
- C. Becky Lewis, Director, Recreation and Well-Being
- D. Ann Rayford, Director, Graham Health Center
- E. David Schwartz, Director, Counseling Center
- F. Tracey Zang, Employment Services Manager, Human Resources
- G. Nicole Boelk, Director of Financial Aid and Scholarships
- H. Amy Ring Cebelak, Assistant Director for Residence Life Student and Staff Development, University Housing
- Brittney Mitchell, Assistant Director for Residence Life Community Standards and Student Care, University Housing
- J. Lt. Nicole Thompson, Lieutenant, Oakland University Police Department The Biennial Review was created by collecting data from appropriate offices and individuals across the university and through collaboration between the individuals listed. One can request access to the Biennial Review by contacting the Dean of Students office at (248)370-3352. Biennial Review reports will be kept for 10 years.

## III. Annual Policy Notification

- A. Primary Method Utilized to Distribute Policy to all Students
  - 1. Email: A notice regarding the Student Code of Conduct (which contains all student drug and alcohol policies) and the Drug Free Schools and Communities Act, is emailed to all enrolled students at the beginning of the Fall and Winter semesters.
  - 2. Publication: A notice regarding the Student Code of Conduct (which contains all student drug and alcohol policies) and the Drug Free Schools and Communities Act, is posted in the student newspaper at the beginning of the Fall and Winter semesters.
  - 3. **In Person**: Housing student staff cover essential policies, including alcohol and other drugs, at the first floor meeting with their residents. This meeting is mandatory for all residents. Those who miss this meeting can find this, and other critical information, in the community-specific digital sharing space.

- 4. Dean of Students office staff attend various new student orientations, including international student orientations to discuss the Student Code of Conduct and associated processes to make sure all incoming students are aware of the expectations that exist. Staff are also available to all first-year seminar classes for a presentation on the Student Code of Conduct.
  - a) Additionally, when students participate in conduct hearings, the website with the Student Code of Conduct is referenced often; students are encouraged to review the code.
- 5. **Email:** Many portions of the Student Code of Conduct are noted in the Clery required Annual Security and Fire Safety Report (ASR); every member of the University community receives an email announcing the availability of the ASR no later than October1.
- 6. Online: Policies are available online at the links below.
  - a) Annual Security and Fire Safety Report -https://www.oakland.edu/police/campus-safety/clery-act-and-title-ix/
  - b) OU Student Code of Conduct https://www.oakland.edu/deanofstudents/student-code-ofconduct/core-standards-and-behavioral-expectations/
  - c) OU Housing and Residence Life Policies https://www.oakland.edu/housing/handbook/

## IV. Primary Method Utilized to Distribute Policy to Employees

- A. Oakland University emails all employees once a year with information on alcohol and other drug policies and the Drug Free Schools and Communities Act.
- B. Primary method used to distribute policy to Staff Employees, including Casual and Temporary Employees.
  - Online: All Staff employees receive the Employee Information Form to complete and acknowledge as part of their onboarding documents. There is a section on this form for Administrative Policies and Procedures and this section contains links to policies related to information technology, discrimination and the Drug-Free Workplace Policy. New hires are encouraged to review each policy before starting their new position.
- C. Primary method used to distribute policy to Faculty Employees, including Part-Time Faculty Employees.
  - Online and Mail: All Faculty employees receive the General Terms for their position, which is provided with their offer letter, which must be signed and acknowledged. There is a section in the General Terms for Administrative Policies and Procedures which indicates that Faculty employees are to understand and comply with the terms of the Administrative Policies and Procedures noted, including the Drug-Free Workplace Policy.
- D. Staff Employee Resources: <a href="https://www.oakland.edu/hr/new-employee-resources/new-employee-responsibilities/">https://www.oakland.edu/hr/new-employee-responsibilities/</a>
- E. Faculty Employee Resources <a href="https://www.oakland.edu/hr/new-faculty-resources/">https://www.oakland.edu/hr/new-faculty-resources/</a>
- F. Faculty Handbook: https://www.oakland.edu/cetl/
- G. OU Student Sexual Misconduct Policy: <a href="https://www.oakland.edu/policies/health-and-safety/625/">https://www.oakland.edu/policies/health-and-safety/625/</a>

# V. AOD Policy, Enforcement and Compliance Inventory

- A. Below is a list of policies that reference alcohol and other drugs. Many campus policies not listed here do refer to the Student Code of Conduct. All university policies can be found at https://www.oakland.edu/policies/
  - 1. Student Code of Conduct https://www.oakland.edu/deanofstudents/student-code-of-conduct/
  - 2. University Housing Handbook https://www.oakland.edu/housing/handbook/
  - 3. Administrative Policy #400 Alcoholic Beverages https://www.oakland.edu/policies/generalgovernance/400/
  - 4. Smoke Free Campus https://www.oakland.edu/ehs/cleanair/
  - 5. Administrative Policy #475 Smoke Free Campus https://www.oakland.edu/policies/generalgovernance/475/
  - 6. Current and Future Students <a href="https://www.oakland.edu/consumer-information/">https://www.oakland.edu/consumer-information/</a>
  - 7. Current and Prospective Employees <a href="https://www.oakland.edu/consumer-information/">https://www.oakland.edu/consumer-information/</a>
  - 8. Drug Free Schools and Campuses <a href="https://www.oakland.edu/consumer-information/">https://www.oakland.edu/consumer-information/</a>
  - 9. Employee Assistance Program <a href="https://www.oakland.edu/hr/work-life-resources/">https://www.oakland.edu/hr/work-life-resources/</a>
  - 10. OU Medical Amnesty Provision
    <a href="https://www.oakland.edu/deanofstudents/student-code-of-conduct/medical-amnesty-provision">https://www.oakland.edu/deanofstudents/student-code-of-conduct/medical-amnesty-provision</a>
  - 11. Student Sexual Misconduct Policy https://www.oakland.edu/policies/health-and-safety/625/

## VI. AOD Prevalence Rate, Incidence Rates, Needs Assessment, and Trend Data

- A. Drug and Alcohol related incidents that are reported to campus officials
  - 1. Oakland University Police Department receives reports for incidents involving OU students.
  - 2. On-campus incidents involving alcohol and other drugs that are also Clery-related will be included in the Clery Annual Security Report (ASR).
  - 3. The Clery Annual Security Report (ASR) for the calendar year 2022 can be accessed online or by contacting the Oakland University Police Department. <a href="https://www.oakland.edu/police/campus-safety/clery-act-and-title-ix/">https://www.oakland.edu/police/campus-safety/clery-act-and-title-ix/</a>

## VII. Drug and Alcohol related incidents that occur on campus

A. Please see Section IV. A (above). According to the Clery Report reference in VI. A above. There were no drug law violations on campus and there was 1 liquor law violation on campus. However, there were 30 Liquor Law Violation Referrals for disciplinary action. In 2023, there were no arrests for Liquor or Drug Law Violations but there was 1 Liquor Law Violation Referral for disciplinary action.

#### VIII. National College Health Assessment Executive Summary

A. Oakland University participates in the American College Health Association – National College Health Assessment for students and faculty/staff every three years. OU last did this in Fall 2021 and will do this again in Fall 2024.

# IX. AOD Programs Goals and Missions

- A. Oakland University does not have a department dedicated solely to health promotion and education. Efforts to address alcohol and other drug education and provide resources for the prevention and reduction of alcohol and drug related harms is a collaboration between University Recreation and Well-Being, Graham Health Center, OU Counseling and the Dean of Students Office. Programming and approaches utilize intrapersonal, interpersonal, institutional and environmental strategies.
- **B.** As part of the healthy campus initiatives at Oakland University and on-going health promotion programming
  - 1. Students develop health and wellness knowledge, awareness and associated behaviors focused on encouraging healthy, ethical and responsible behavior.
  - 2. Initiatives that address mental health, alcohol and other drugs, and violence prevention are implemented.

# X. AOD Programs, Intervention, and Related Process Elements

- A. Programs/Interventions Descriptions, Objectives and Goals
  - The offices of Campus Recreation and Well-Being, Graham Health Center, OU Counseling Center, University Housing, OU Police Department, Athletics and the Office of Student Involvement all offer programs and/or services related to alcohol and other drug related risk prevention and intervention.
  - 2. The University contracts with VectorSolutions to provide online Title IX Educational modules. All enrolled students receive an email requesting they participate in the modules. Alcohol and Other Drugs is a realitydriven online course designed to educate students on the risks of the abuse of alcohol and other drugs, and to teach successful strategies for handling dangerous situations related to these substances. The course features four modules: Your GPA, Your Brain, Your Peers and Your Life. Each section provides extensive, research-backed evidence of the detrimental effects alcohol and other drugs can have, and how social skills and interactions can help reduce harm associated with these substances. Additionally, the package contains a refresher course designed to remind students of the dangers they face from alcohol and other drugs. Using powerful real-life testimonials, peer presenters, and engaging motion graphics, this course helps students better understand why they struggle with alcohol and/or other drugs and suggests various avoidance strategies and tactics.

## XI. OU AOD Programs and Initiatives

- A. There are a number of different offices on campus whose programming efforts and outreach initiatives contain either a great deal of focus or a cursory focus on AOD. Below is an attempt to highlight those programs and initiatives.
  - 1. Oakland University Police Department (OUPD)
    - a) During the calendar year 2023, the Oakland University Police Department (OUPD) presented 35 programs to student groups. The programs focused on Bystander Intervention, Domestic Violence and Stalking, Rape Agression Defense Workshops (both Basic and Advanced), Drunk Driving, and general Safety Awareness workshops. All of these programs and workshops

discuss the impact that AOD has on a person's behaviors and actions.

#### 2. Dean of Students Office

- a) Title IX Education Modules
  - (1) Online education program focused on Title IX Education but also contains information on the impacts of AOD. Provides information on drinking behaviors, protective behaviors and risk reduction and normative data.
  - (2) Offered by Vector Solutions (Previously EverFi)
  - (3) Offered to all First Year Students
  - (4) Students receive an email asking them to participate in the modules.

## 3. Dean of Students Office and University Housing

- a) Student Conduct Process Individual Intervention Sanction Process
  - (1) Individual meeting with a student who has violated the alcohol or other drug policy. Session focuses on student drinking and drug use behavior, alcohol or other drug related consequences, risk reduction strategies, potential for dependency, goal attainment, alternatives to drinking and drug use, and support resources.
  - (2) Policy Enforcement
    - (a) Enforcement, education, and awareness of the policies in place for students. A variety of sanctions for alcohol and other drug violations that utilize, but are not limited to, educational components, parental notification and reflection pieces.
    - (b) University Housing students are not allowed to possess or consume alcohol, unless they are 21 years of age or older, in Residence Halls. In addition, they are not allowed to have empty alcohol containers as decorations regardless of their age. Those who are of age may not have alcohol out in public areas. Cannabis is prohibited on all campus property. Students found in possession of cannabis or paraphernalia will be subject to the Student Code of Conduct and sanctions.

## 4. Oakland University Counseling Center (OUCC)

- a) Substance Abuse Assessments
  - (1) The OUCC is licensed by the state of Michigan to do substance abuse prevention and assessments.
  - (2) Students identified as involved in high risk drinking and/or drug use either through the conduct process or by a referral are referred and sanctioned to the OUCC for a substance abuse assessment. Students are encouraged to follow the advice of their counselor during the assessment. This involves a counselor meeting with a student who has violated the alcohol or other drug policy or has been identified as someone engaging in high risk behaviors with AOD. Session focuses on student drinking and drug use

behavior, alcohol or other drug related consequences, risk reduction strategies, potential for dependency, goal attainment, alternatives to drinking and drug use, and support resources.

### b) Counseling Services

(1) Short-term individual, couples, and group counseling for the entire student population. The counseling process helps students learn skills to cope with problems and develop new ways of thinking, which may lead to a healthier and more fulfilling lifestyle. Makes referrals to additional programs and services outside the university related to alcohol and other drugs as needed.

## 5. Graham Health Center

a) Certified and licensed health professionals assess alcohol and substance use during initial visits to the health center, during physical exam appointments, pharmacy visits, and designated visits involving mental health or injuries. Health intervention and prevention regarding alcohol and drug use involves education, treatment guidance and planning, referrals to additional services and programs, and discussions centered on healthy coping skills.

#### 6. University Housing

- a) Staff Training
  - (1) Training that focuses on understanding the role of alcohol and other drugs in the lives of OU students and its impact on community-building efforts, current perceptions of OU student use of alcohol and cannabis, how to provide educational alcohol and drug data for hall programming, bulletin boards, and addressing student issues or intervening in a time of high-risk drinking, and services that are available for residents and student staff.

#### b) Midnight Block Party

- (1) Midnight Block Party is an annual event hosted by University Housing that engages 800+ residential students. This event places a significant focus on alcohol education.
- Routinely Provided and By Request Alcohol and Other Drug Education Programs
  - (1) Programs are offered in collaboration with housing on a semesterly basis and by request to any student group, class or office who would like information on safe/responsible drinking, bystander intervention, and resources.

#### 7. Human Resources

- a) Ulliance Life Advisor Employee Assistance Program
  - (1) Offers assessment, confidential counseling, and referral services to Oakland University employees, their dependents, and their household members. This valuable resource is designed to assist in addressing the many personal and work challenges that we all encounter from time to time. Examples of provided services include help with managing stress or depression, relationship and parenting challenges, or finding care for an aging parent or

a loved one. Short-term counseling, coaching, crisis intervention and community resource referrals are just some of the benefits that are available. Additional support provided includes, but is not limited to: Relationship and family concerns; The death of a loved one; Substance abuse issues; A need for eldercare or childcare referrals; A need for financial or legal referrals.

#### XII. AOD Outcomes Data

A. Oakland University participates in the American College Health Association – National College Health Assessment for students and faculty/staff every three years. OU last did this in Fall 2021 and will do this again in Fall 2024.

#### XIII. Conclusion

A. Oakland University continues to make progress in the prevention of alcohol and other drug related harms. Since OU does not have one single office responsible for health promotion, many offices work together to help build a healthy campus.

## XIV. Department Contact Information

- A. Dean of Students Office Oakland Center, Suite 150 312 Meadow Brook Rd. Rochester, MI 48309-4454 (248)370-3352 deanofstudents@oakland.edu <a href="https://www.oakland.edu/deanofstudents/">https://www.oakland.edu/deanofstudents/</a>
- B. OU Counseling Center (OUCC) Graham Health Center, East Wing 408 Meadow Brook Rd. Rochester, MI 48309-4452 (248)370-3465 https://www.oakland.edu/oucc/
- C. Graham Health Center (GHC)
  Graham Health Center
  408 Meadow Brook Rd.
  Rochester, MI 48309-4452
  (248)370-2341
  health@oakland.edu
  https://www.oakland.edu/ghc/
- D. University Recreation and Well-Being Recreation and Athletics Center 569 Pioneer Drive Rochester, MI 48309-4732 (248)370-4889 recinfo@oakland.edu <a href="https://www.oakland.edu/recwell/">https://www.oakland.edu/recwell/</a>
- E. OU Police Department (OUPD)
  Police and Support Services Building

201 Meadow Brook Rd. Rochester, MI 48309-4451 Campus Phone: 911

Cell Phone and Non-Emergency: (248)370-2000

https://www.oakland.edu/police/

F. University Housing (UH)
Hamlin Hall, Room 448
550 Meadow Brook Rd.
Rochester, MI 48309-4452
(248)370-3570
housing@oakland.edu
https://www.oakland.edu/housing/

#### G. OU Athletics

Recreation and Athletics Center, Room 201 569 Pioneer Drive Rochester, MI 48309-4401 (248)370-3190 https://goldengrizzlies.com/

H. Human Resources
Wilson Hall, Room 401
371 Wilson Boulevard
Rochester, MI 48309-4486
(248)370-3480
https://www.oakland.edu/hr/