

Bachelor of Science in Health Sciences with a Concentration in Holistic Health

Health Sciences Core Requirements

Oakland University Courses	North Central Michigan College Courses
BIO 1200	BIO 151
BIO 2100, 2101 and 2600	BIO 235 and 236
PSY 1000	PSY 161

Holistic Health Concentration Elective Options

Oakland University Courses	North Central Michigan Courses
Choose at least 34 elective credits* from the list (more options available at OU, discuss options with an OU adviser)	ASL 111; BIO 152; CEM 101; CEM 121; CEM 122; CEM 231; CEM 232; COM 111; ENG 111; HE 200; MATH 150; OAS 116; PHY 210; PHY 211; PHY 230; PHY 231; PSY 261; SOC 171; STAT 200

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at North Central or at the [North Central MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)

One MTA Approved Math course (can be satisfied by MATH or STAT elective options above)

One MTA Approved Science course (can be satisfied by CEM or PHY elective options above)

One MTA Approved Social Sciences course (can be satisfied by SOC 171)

Two MTA Approved Humanities or Fine Arts courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [North Central General Education Transfer Guide](#) for the North Central courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Formal Reasoning (MATH 150 or STAT 200)
- Arts
- Language and Culture (ASL 111)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from North Central, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their North Central academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.