

## Bachelor of Science in Health Sciences with a Concentration in Holistic Health

### Health Sciences Core Requirements

Oakland University Courses	Northwestern Michigan College Courses
BIO 1200	BIO 115 and 115L
BIO 2100, 2101 <b>and</b> 2600	(BIO 227 and 227L) <b>and</b> (BIO 228 and 228L)
PSY 1000	PSY 101

### Holistic Health Concentration Elective Options

Oakland University Courses	Northwestern Michigan College Courses
Choose <b>at least 34 elective credits*</b> from the <a href="#">list</a> (more options available at OU, discuss options with an OU adviser)	ASL 101; (BIO 116 and 116L); BIO 215; (CHM 101 and 101L; (CHM 150 and 150R and 150L); (CHM 151 and 151R and 151L); (CHM 201 & 201L and BIO 268); (CHM 250 and 250L); (CHM 251 and 251L); COM 111; ENG 111; HAH 200; MTH 131; MTH 141; (PHY 121 and 122L); (PHY 122 and 122L); (PHY 221/221L/222R and 222/222L/222R); PSY 211; SOC 101

### TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at NMC or at the [NMC MTA Approved Courses](#) website. Completing MTA when following this major guide will satisfy OU's transferrable General Education requirements.

#### **Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):**

ENG 111 **and** ENG 112 (required prerequisite for coursework at OU)

One MTA Approved Math course (can be satisfied by MTH elective options above)

One MTA Approved Natural Sciences course (can be satisfied by CHM or PHY elective options above)

One MTA Approved Social Sciences course (can be satisfied by SOC 101)

Two MTA Approved Humanities courses

### TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [NMC General Education Transfer Guide](#) for the NMC courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 112)
- Formal Reasoning (MTH 131 or MTH 141)
- Arts
- Language and Culture (ASL 101)
- Global Perspective
- Literature
- Western Civilization

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email [shs@oakland.edu](mailto:shs@oakland.edu), or visit their [website](#) for more information regarding your major program.

## **NOTES:**

Students may transfer an unlimited amount of credit from NMC, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their NMC academic adviser to maximize the applicability of coursework to specific requirements.**

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.