

Bachelor of Science in Exercise Science

Exercise Science Core Curriculum

Oakland University Courses	St. Clair County Community College Courses
BIO 1200	BIO 120
BIO 2100, 2101 and 2600	BIO 271 and 272
MTH 1441 or MTH 1554	MTH 1130 or MTH 1140
CHM 1440 and 1470	CHM 111
PHY 1010 and 1100	PHY 121
PSY 1000	PSY 180 or 180H
STA 2220	MTH 120
EXS 1000*	PE 141 and PE 128
EXS 1100*	PE 141 and (PE 129 or 133)

*Only one of these two course options is required, take PE 141 and either (PE 128, 129, or 133)

TRANSFERRING WITH THE MICHIGAN TRANSFER AGREEMENT (MTA):

When choosing to complete MTA to satisfy General Education, please confirm the best courses to take to fulfill the agreement with your academic adviser at SC4 or at the [SC4 MTA Approved Courses](#) website. In order to completely satisfy OU's transferable General Education requirements when following this major guide, please reference the [SC4 General Education Transfer Guide](#) and select one course from OU's **Knowledge Applications** category.

Additional course requirements for MTA when following this major guide (minimum 30 credit hours required for MTA):

ENG (101 or 101H) **and** ENG (102 or 102H) (required prerequisite for coursework at OU)

One MTA Approved Social Sciences course

Two MTA Approved Humanities courses

TRANSFERRING WITHOUT MTA:

If you intend to transfer without MTA, you can choose to complete additional coursework to fulfill OU's individual General Education categories instead. When following this major guide, please reference the [SC4 General Education Transfer Guide](#) for the SC4 courses that satisfy these specific OU General Education categories:

- Writing Foundations (ENG 102)
- Arts
- Language and Culture
- Global Perspective
- Literature
- Western Civilization
- U.S. Diversity
- Knowledge Applications

Please contact the School of Health Sciences Academic Advising office at 248-370-2369, email shs@oakland.edu, or visit their [website](#) for more information regarding your major program.

NOTES:

Students may transfer an unlimited amount of credit from SC4, and must complete a minimum of 45 credit hours from OU to meet degree requirements. As programs may limit how much transfer credit can be used toward requirements, **it is highly recommended that students work with both an OU academic adviser and their SC4 academic adviser to maximize the applicability of coursework to specific requirements.**

The program also offers a unique [Orthotist and Prosthetist Assistant Studies \(OPA\) concentration](#), which equips students with the skills needed for one-on-one patient care under the direction of a certified orthotist or prosthetist. **Students interested in this concentration can also transfer HE 102 from SC4 to OU.**

OU's [ECLIPSE program](#), a unique community-engaged leadership initiative, is one of only a few health-science specific leadership programs in the country.

Oakland University will always honor the **MACRAO transfer agreement** and apply it to the General Education requirement the same as MTA.